Education and Qualifications:

- 2016 Northwestern University: "Leadership Through Social Influence" course on Coursera.
- 2016 **University of California, Irvine**: "Time Management for Personal & Professional Productivity" and "Initiating and Planning Projects" courses on Coursera.
- 2016 Boston Language Institute: Farsi Level 1 and Level 2.
- 2014 2015 University of Bradford: MA International Politics and Security Studies with Merit; (Dissertation title:
- Kuwait's Evolving Foreign Aid Policy).
- 2014 2015 Bradford College: Passed two courses of Introductory Urdu.
- 2004 2008 Kuwait University: Bachelor Degree of Political Sciences with a co-op major of English Language.
- 2000 2004 American Creativity Academy: High School Diploma.

Employment:

- (November 2016) Sunbulah Humanitarian Consultancy Executive Director.
- (January 2007 September 2014) General Trading and Contracting Company Deputy General Manager.
- (February 2012 June 2012) Bureau of M.P. Osama Al-Shaheen- Head of Bureau.

Activities, Interests and Memberships:

- (2016 2018) Columnist at daily Al-Anba'a in the State of Kuwait.
- (2016) Blogged at HuffPostArabi.com, the Arabic version of Huffington Post.
- (2014/2015) Member of the Peace Society at the University of Bradford.
- (2014/2015) Member of the **Political Studies Association**, the **Development Studies Association** and **the Peace and Justice Studies Association**.
- (2014/2015) Member of the General Assembly of the National Union of Kuwait Students UK branch.
- (2012) Participant in an IVLP about human rights, organised by the U.S. Department of State.
- (2012) Participant in a regional programme about transparency in political finance organized by **ARPAC** and **IFES**, and funded by **MEPI**.
- (2011/2012 present) Member of the Kuwaiti Association for the Basic Evaluators of Human Rights and the Kuwaiti Human Rights Society.
- (2009) Participant in the UPR sessions in Geneva held by the Human Rights Council of the UN.
- (2009) Acknowledged, for the second time, by **the Cultural Attaché of the Embassy of the State of Kuwait** for managing the visit of a British student group to Kuwait.
- (2009) Awarded by the Administration of the College of Social Sciences at Kuwait University "for serving the college community".

- (2009) Arab Youth Council for Integrated Development at the Arab League Award Winner for "the supporting of Arab youth".
- (2008) Participant at the **Civilizations Dialogue**, hosted by the **Ministry of** *Awqaf* (endowments), between Japan and the Muslim World.
- (2008/2009) Member of the Political Club at Kuwait University.

Positions and Responsibilities:

- (2008/2009) Elected President of the National Union of Kuwait Students.
- (2008/2009) Member of the Regulations Committee at Kuwait University.
- (2008/2009) Editor-in-chief of AlRai AlTulabi newspaper (published by the NUKS).
- (2008/2009) Head of the Establishing Board of the Union of the GCC Student Organizations.
- (2006/2007) Elected Executive Director of the National Union of Kuwait Students.

Volunteering:

- (2008 present) Volunteer at the **Kuwait Charity Fund** supervising periodical aid distribution process and assisting in overseas coordination through both communication and field visits.
- (2015) Participated in the volunteering sessions at the Horton Community Farm Bradford.
- (2005/2006) Social Sciences Student Association. Assisting in coordinating and organizing events.

Relevant Workshops and Conferences:

- (2015) Participant at the **Global Governance and the Politics of Aid** Symposium organized by the Faculty of Social Sciences at the University of Bradford.
- (2010) Passed a workshop on "The International Mechanism of the Protection of

Human Rights" organized by the Kuwaiti Association for the basic Evaluators of Human Rights. - (2009) Attended a series of workshops organized by **Geneva Institute for Human rights**.

- (2009) Passed an introductory program to the ISO 9001, organized by Ambition Training & Consulting Center.
- (2008) Speaker at a Conference of the Euro-Gulf Studies Unit of Kuwait University on Education.
- (2008) Passed the **Leadership Training Programme** organized by *Jusoor Arabiya* which is managed by Professor Shafeeq Al-Ghabra.
- (2007) Invited to the 4th Annual Youth Assembly at the UN.